

# Raina

## Training Log and Activity Report

MICROCHIP ID # 0A01264923

Breed	Color	Sex	Height	Date of Birth
Arabian Cross (Pintabian)	Bay Tobiano (Pinto)	Mare	14.1 hands	1996

### DATE

### ACTIVITY

**Sunday**  
**27 June 2010**



Raina was transported to Deseos Arabians & Miniatures LLC from Ruby Ranch Horse Rescue for one month of training. Raina has a worried look on her face and is easily spooked. She runs when spooked but then comes back within less than 30 seconds, but she stays worried. Raina was tied with the "Clip" safety device, groomed, and had her feet cleaned. She was a little nervous but well behaved. She lifts her foot when given the verbal command "foot" is reward with a verbal praise "yes" and given a treat. Raina was turned out this evening with Juliet and Rocky. She wasted no time finding the large bale of grass hay

underneath the tarp in the yard and started eating it contentedly with Juliet nearby. I later put Raina in the small riding arena for the night where she was fed and watered. She was right next to the miniature horses in their coral and could see Juliet about 30 feet away in her pen, but she still paced and ran most of the night. I had no problem leading her or haltering her.






**Monday**  
**28 June 2010**



Raina was tired this morning from pacing all night, she has eaten all her food and drank most of her water. After breakfast I groomed her and picked out her feet while tied in the barn with the "Clip". She was fine. She was turned out all day with Rocky and Juliet, she was content. This evening she was groomed and had her hooves cleaned again, no problems. I put up a pen next to Juliet's for Raina to stay in for the night where she might not be so worried. She was fine while eating but once she finished her food she began to crib. She was calm when petted and is definitely better and more at ease around Jim than me. When given the choice at liberty Raina follows Jim. She seems to enjoy petting and is very anxious if someone or another horse is not very close to her.

**Tuesday**  
**29 June 2010**

Raina did fine during the night. She was fed in her pen, then groomed, and hooves picked out. Raina cribbed some after eating this morning but not as much as last night. She was turned out today with Rocky and Juliet and was grazing contentedly when we left. Raina was tied in the barn this evening along with Rocky and Juliet. She was groomed and had her hooves picked out. She jumped around a little and displayed some resistance to picking up the left hind. Raina was moved to yet a third holding pen for the night. The small riding arena offered her plenty of space but she remained nervous being too far from other horses. The pen to the west of Juliet made her nervous due to there being walls on two sides, she does not seem comfortable with confinement. She was placed in an open pen to the east of Juliet's consisting of four 10'x4' miniature horse panels, no walls or wind blocks. She was calm and relaxed. She allowed me to groom her at liberty in the pen, ate contentedly, and did not crib. She can be next to and see our large horse herd from here as one panel is adjacent to our horses' water trough. She is also right next to Juliet, can see into the mini horse area and can see our house and all three barns. This seems to suit her.



<p><b>Wednesday</b> <b>30 June 2010</b></p>	<p>Raina did well last night, ate fine this morning, and was groomed and had hooves cleaned while at liberty in her pen. She was more affectionate today. She did begin to crib when I started letting horses out and she got impatient for it to be her turn. She was turned out this morning with Rocky and Juliet. She followed me around the pasture at liberty, gently took some treats and responded well to my personal space exercises with her without running away. She followed me, backed up, and moved laterally.</p> <p>This evening Raina and Juliet were calm and grazing with Rocky when we arrived home. When we opened up the barn Raina wasted no time going inside where she immediately found the pallet of grain and started ripping bags open. This action resulted in her being placed in her pen for the evening. I cleaned Raina's pen, moved the wheel barrow in and out, groomed her, cleaned her feet, and climbed in and out over the panels all while she was standing in it. She was very calm tonight and affectionate with my and Jim. She did begin cribbing when we were no longer interacting with her and when she ran out of food. I think she cribs out of nervousness and/or boredom depending on the circumstances. Raina is calmer each day and starting to trust us. She is settling in and should be ready to start her official training by the weekend! She seems to enjoy attention and definitely likes treats, which she takes gently.</p>	
<p><b>Thursday</b> <b>1 July 2010</b></p>		<p>Raina was groomed and had her feet cleaned this morning and this afternoon. I cleaned her pen while she was in it, no problems. Raina was turned out all day with Juliet. This evening I introduced Raina to rail work. While she was quietly standing at liberty next to the rail in her pen, I got up on the rail and leaned over her to pet her opposite side. I leaned my weight against her back and petted her. She was very calm.</p> 
<p><b>Friday</b> <b>2 July 2010</b></p>	<p>Pasture turnout with Juliet. Groomed and hooves cleaned this morning and this evening. She is doing well. We have been bonding with her, grooming and hoof cleaning twice a day, lots of petting, and some work leading and moving out of our space. She is ready for her arena tour and initial training session in the arena this weekend. We microchipped her this evening and had no problems. She was wonderful. The chip was implanted in the left side of her neck between the poll and withers into the Nuchal ligament. Raina's chip number is <b>0A01264923</b>.</p>	
<p><b>Saturday</b> <b>3 July 2010</b> <b>Session 1</b></p>	 <p>Raina was groomed while tied with halter and lead. I walked her down the driveway to the arena and gave her a tour. We walked around both directions and she was leary of everything. She notices everything and really wants to take time to scrutinize what's around her before proceeding.</p> <p>She did not jump or run into me or anything, she was just cautious. Next we walked around all the obstacles and then took our time negotiating each one. She is a very concerned and cautious mare. She took her time over each obstacle, thinking about it and looking at it first, then taking one foot at a time and carefully stepping onto or over it. She jumped the blue barrels her first try but stepped carefully over them her second try. The tarp and the bridge also took her 2-3 tries to get right. No problems. By the end of the session she was calmly walking over logs, ground poles, small cross rails, blue tarp, small blue plastic barrels, railroad ties, and a wooden bridge. She was rewarded after each obstacle with verbal praise and a treat. She is very gentle about taking treats.</p>	 

<p><b>Sunday</b> <b>4 July 2010</b></p>	<p>Raina was turned out today in the front Miniature Horse pasture along with Juliet, Trance, Libby, Jenny, Benjy, and Edee. She was definitely the one in charge but they all had a tranquil day grazing and playing. A severe storm accompanied by lightning, thunder, hail, wind, and tornados rolled in late this evening. Just before that the horses were running and jumping/kicking in the field like I have never seen! Raina and her girls had a fun time! She was no problem to bring in and felt safe and content in her pen. When the hail came we had trouble getting her to leave her open pen and come into the barn, we ultimately had to halter her and lead her in behind Juliet. She never did anything to us, just wouldn't move, didn't want to leave her pen even though she was being pelted with hail. Once inside the stall in the barn with Juliet and next to Libby and Trance she was fine. She ate and visited and had no problems through the night.</p>  
<p><b>Monday</b> <b>5 July 2010</b></p>	<p>Raina was turned out with Juliet today. Our driveway was being worked on, dirt being moved and heavy equipment involved. None of this bothered Raina or Juliet. The garage door was left open and Raina along with Juliet wasted no time taking advantage of that and eating from the hay bales stored inside!</p>
<p><b>Tuesday</b> <b>6 July 2010</b> <b>Session 2</b></p>	<p>Raina was turned out to pasture today with Juliet. Jim worked with Raina this evening on leading and halting. She did very well and paid attention despite distractions. He led her to the large arena for review of the obstacles that were introduced to Raina during session one. Raina was hesitant and cautious but negotiated each obstacle. She had the most difficulty with the wooden bridge. She would place two feet on it then stop and stand, then when asked to move forward she would either back up or step up and off sideways or on an angle with her feet just going everywhere and off the edge. After a few minutes of slow and careful work, plus treats and guidance from Jim and I, Raina successfully negotiated the bridge twice.</p>
<p><b>Wednesday</b> <b>7 July 2010</b></p>	<p>Raina was turned out this morning with Juliet. She seemed to enjoy her day and was ready to go into her pen this evening for feeding. Due to rainy/stormy weather Raina was stalled with Juliet for the night inside the brown barn next to Libby and Trance. She was calm and accepting, loved eating once she realized there was hay and grain in there!</p>
<p><b>Thursday</b> <b>8 July 2010</b></p>	<p>Raina was groomed this morning and had her hooves picked out while at liberty. She was excellent, no problems and she stood very still. She was turned out with Juliet for the day to pasture.</p>
<p><b>Friday</b> <b>9 July 2010</b></p>	<p>Raina was turned out with Juliet, she had her hooves cleaned and was groomed. We had a new arrival this evening from a neglect situation (Illyria). Raina was not too interested in her, she minded her own business. Raina and Juliet stayed in the small arena this evening while I taught a riding lesson and were fed in there and slept there for the night due to Illyria temporarily being in Juliet's pen. They were content in there together and had no problems eating their own food.</p>
<p><b>Saturday</b> <b>10 July 2010</b> <b>Session 3</b></p>	<p>Raina had her hooves trimmed this morning by our farrier, Roxann Crump. She said that Raina was very good having her feet done and she had nothing bad to report about her feet. Raina was later turned out in the small arena alone while her friend Juliet was having her teeth floated. This made Raina anxious and she whinnied and paced/ran up and down the rails for quite some time. Late this afternoon Raina was groomed and I picked out her feet and had her stand tied (with Clip) while I tried pads and saddles on her. She was very calm. First I placed an english pad on her, then an english saddle, then western pad, then western saddle. Since this was her first time saddling I was using training saddles. The english training saddle didn't fit her properly, she is wide across the shoulders, so I tacked her up with western pad/saddle/cinch. Raina was excellent. She got a little nervous about the cinch being tightened but I did it slowly over a few minutes and she was fine. All of her training this afternoon was done while wearing a 14" Abetta western saddle and her regular halter and lead. Raina was lunged to the left and right at the walk and trot. She responded fairly well to the voice</p>

commands “walk-on”, “teerot”, and “ho” which Jim has been practicing with her in-hand. After lunging her with no drama about the saddle or anything we walked to the large arena where I lunged her both directions again and then proceeded to have her negotiate obstacles while wearing the saddle for the first time. She did very well. She had no trouble at all with any obstacle except the bridge. She seems to lose track of where her feet are and steps all over the place and off the sides of the bridge unless the handler helps her go slowly and one step at a time, not moving on until she is straight after each step. Raina is trusting of her handler and cautious on the obstacles. She is very calm during training sessions as long as her handler is clam and takes their time with her. No rushing!



Raina successfully negotiated the wooden bridge, the blue plastic tarp, the plastics barrels, white PVC cross rails, logs, and a simple cone pattern while in-hand and wearing the saddle and pad. Raina was good for removal of the saddle and pad, and standing tied while groomed and having her feet done again after her training session. She was turned out in the yard with Juliet for the evening then ate and slept in her pen next to Juliet with Illyria moved to the small arena.

**Sunday**  
11 July 2010



Raina, Juliet, Trance, and Libby were turned out in the large front pasture (mini horse pasture) today while we were open for lessons and training. The mini’s stayed in their corral. Raina had a lovely time grazing and periodically running and playing with Juliet. She really didn’t pay the babies much



attention and chased them off if they got too close. Raina ate and slept in her pen next to Juliet this evening. She had actually put herself away and was dozing in her pen when we went out to feed.

**Monday**  
12 July 2010

Raina had her hooves cleaned this morning and was turned out with Juliet for the day. This evening she happily put herself away at feeding time.




**Tuesday**  
13 July 2010



Raina was groomed and had her hooves cleaned. She was turned out all day then put in the small arena with Juliet and Illyria this evening while lessons were being taught on property.

<p><b>Wednesday</b> <b>14 July 2010</b></p>	<p>Raina was turned out today with Juliet and Rocky. She became anxious and upset when Rocky was later taken away and put back out with our herd. She ran back and forth and would not pay attention to me, ran from me when I went to halter her. This separation anxiety is something that we will need to work on. She behaves the same way when Juliet is not with her. She also is quick to enter the barn the second the door is opened and she goes directly to the treat container or feed bags and starts to open and eat. This is something that Juliet never did before but it seems Raina is teaching her because they were both ripping open feed bags this afternoon. This evening she put herself away at feeding time and patiently waited for her food.</p>
<p><b>Thursday</b> <b>15 July 2010</b> <b>Session 4</b> <b>Session 5</b> <b>Session 6</b></p>	<p>Raina's hooves were cleaned while in her pen after eating breakfast and before being let out to pasture with Juliet. Later in this morning while I was cleaning the pens and stall in the barn, Raina and Juliet wandered in out of curiosity and to look for food. I decided since she came I that I would take the opportunity to halter Raina, groom her, and practice tacking her up. I got her halter, gave her a treat and put the lead rope over her neck she took off running down to the end of the driveway, stopping at the closed gate. I walked down to the end of the driveway where she and Juliet were now grazing. Raina looked up at me and started walking towards me, stopping in front of me and standing quietly for haltering. I started walking her back to the barn but since we had to pass the large riding arena, I figured we might as well go in and review her leading and negotiating obstacles with her halter &amp; lead, and so began training <b>session number 4</b>: I led Raina around the arena going to the left. As we walked she successfully walked onto, paused, and walked off of the wooden bridge, walked over the two large logs, walked into the box made of railroad ties and halted inside it on command, circled in-hand around a cone to the left without crowding, walked over white PVC ground poles, walked over the blue plastic tarp, and circled around large white barrels to the left without crowding. We then repeated everything going to the right, no problems. Raina was very calm, willing, and obedient. I then led her to the blue two-step mounting block. Raina learned to stand next to it without moving until released. I taught her this by positioning her next to it exactly where I wanted her and praising her for standing still. Any time she moved, if even one foot, I put her back into position and praised her until she stood for at least a minute without moving. I did this with the mounting block on her left and right sides. I kicked the mounting block underneath her and between her legs several times from both sides, she was perfectly calm with this. Once she was comfortable with standing next to the mounting block I stepped up onto the top step positioning my hands on her as if to mount and stepped back down. We continued this until she stood perfect still for me to do this 10 times in a row on each side. Next I layed across her on my stomach from both sides, waved my arms over her head, wrapped my arms around her next and generally petted and touched her while standing on the mounting block. I did this from both sides. I then stood on the mounting block and put my leg across her back as if to mount while keeping my other foot grounded on the mounting block. I did this 3 or 4 times and if she did not move at all, I slid onto her and off the othe side. If she moved at all during this process we started all over. She was good about me sitting on her briefly bareback and sliding off of her opposite side. I practiced this with her from both sides. I praised her lots and walked her slowly up to the barn, giving her breaks along the way to graze. Once back to the barn we started <b>session 5</b>: I tied Raina with the Clip safety device inside the barn. This caused her to become anxious and her energy level shot up. Raina danced around and whinnied. She does better tied outdoors, she does not seem to like being tied in the barn where she cannot see other horses. I brushed her and saddled her with western pad and saddle. She was more worried about the fact that she was tied and away from other horses than she was about the saddle. I placed a lunge cavesson on her head underneath the halter, this caused her to fling her head up, she seems touchy about things going over her ears. Once the cavesson was secured on her head and she had calmed down somewhat I removed her halter and took her outside. She immediately started running around and snorting. I guided her in a circle on a short lunge line and tried to get her to walk around me speaking in a calm voice and giving her a slight tug on the lunge line. She tried to flip her nose to the outside and take off running away several times, but I stood my ground and let the cavesson do its job. Then</p>

	<p>Raina, not being able to “run out” turned toward me and tried to run over the top of me. When she did this I moved into her and pushed her back by waving my arms big and at her face and tapping her on the front legs with the dressage whip. She responded appropriately and moved away from me to the outside of the circle. She moves very well laterally with her shoulder, steps to the outside of the circle when asked. Eventually Raina started to pay attention to me and respond to my cues instead of just running around as fast as she could in circles. Once she was responding to my voice commands and body language to “walk, trot, and halt” going both directions, we ended the lesson with praise and treats. I tied her inside again as before, untacked her and took her for a walk with her halter and lead. <b>Session 6:</b> I walked Raina to the large riding arena and repeated the lessons from Session 4. She did very well and was calm. Negotiating obstacles seemed to be a relief for her and she was very laid back. This time instead of just having her walk over the blue plastic tarp, I had her stop and stand on it, no problem. I also had treats with me this time and she got an apple flavored treat after each obstacle. Once we completed the obstacles both directions we went over to the mounting block to practice standing next to it and accepting me stepping up and down on the mounting block without her moving. I then placed my leg across her back 4 times on each side, then mounted her bareback and slid off the opposite side. It took her a couple of tries on the “off” side to stand without walking off once I was on her back. Once she even trotted off all of a sudden towards the gate, but stopped immediately when I told her “ho” and tugged on her lead. Eventually she was standing very solid for me to mount bareback from both sides and for me to slide off. She got lots of treats and was turned out to pasture with her best friend, Juliet, which is what she wanted all along, thus causing her distraction and anxiety. She does not like to be separated from her buddies at all!</p>
<p><b>Friday</b> <b>16 July 2010</b></p>	<div data-bbox="305 949 662 1213" data-label="Image"> </div> <p>Raina was groomed this morning and had her hooves cleaned while at liberty. She was turned out to pasture all day with Juliet. This evening she was haltered and led to the small arena where she was turned out with Juliet and Illyria. She had an easy day after her long morning of training yesterday.</p>
<p><b>Saturday</b> <b>17 July 2010</b></p>	<p>Raina had her hooves cleaned this morning and this evening. She was turned out in the small arena this morning with Illyria and Juliet. This afternoon, she was turned out to pasture with Juliet, this evening she ate dinner and remained in her pen next to Juliet.</p>
<p><b>Sunday</b> <b>18 July 2010</b></p>	<p>Raina was turned out all day in the small arena with Illyria and Juliet while we were teaching riding lessons and had visitors. This evening she was turned out with Bey and Juliet to pasture, then put up in her pen for the night. Jim picked out all four hooves while she stood at liberty and reported she was very calm and he had no problems.</p>
<p><b>Monday</b> <b>19 July 2010</b> <b>Session 7</b></p>	<p>Pasture all day with Juliet. Groomed and hooves cleaned, no problems. Measured for wintec saddle, wither tracing done. Saddled and lunged with english saddle for the first time, no problems. Bridled – had complete panic attack/meltdown! Tried to run over me, tried to run away, reared. Raina has a severe aversion to the bit and to the bridle or anything similar being slipped over her ears. As soon as Raina sees the bit she starts to either back up or run straight forward and over you or the panel or whatever is in front of her. Raina was good about having the bridle removed, she lowered her head and dropped the bit out of her mouth nicely. With Jim’s help I bridled her 3 more times, each time she became literally dangerous running over us or pressing us to the wall. After letting her relax several minutes and massaging the inside of her mouth with my hand, we bridled her one more time, it went better but she is clearly not ready for this. More trust will have to be built and whatever traumatic event she has experienced in the past associated with bridling needs to be overcome. She behaves as though she has had bad experiences with the bit before and with things around her ears. She has a huge scar on her forehead going up and around her right ear. At this point she is good for saddling, but dangerous to bridle with a bit.</p>

<p><b>Tuesday</b> <b>20 July 2010</b></p>	<p>Raina was turned out with Juliet today, she was groomed and had her hooves cleaned out. Horse training was rained out this evening.</p>	
<p><b>Wednesday</b> <b>21 July 2010</b> <b>Session 8</b></p>	<p>Raina spent the day in turn out with Juliet. This evening Jim assisted me with <b>paste worming</b> and training her. We used apple flavored ivermectin paste. She was anxious and resisited at first, when the hard plastic tube was in front of her mouth (did she think it was a bit?). Once she smelled the wormer, I massaged the inside of her mouth with my fingers, then slid the tube in and gave her the wormer, no problem. Raina had a good training session tonight. I sat on her for probably 30 seconds and she stands beautifully at the mounting block for mounting. We are not going to mess with the bridle again until after our trip, it causes her too much panic and I want to leave her with some good foundation work while we are gone.</p>	
<p><b>Thursday</b> <b>22 July 2010</b> <b>Session 9</b></p>	<p>Nylon lunge cavesson. Tried the nylon lunge cavesson on Raina this morning while putting her out to turnout. She was fine with it, it buckles behind her ears and does not have to slip over the ears. She was ok with being led by the nose ring. I plan to transition her to this for further work and training sessions in the hopes of transitioning to a bitless bridle.</p>	
<p><b>Friday</b> <b>23 July 2010</b></p>	<p>Raina was turned out in the new paddock attached to the small arena with Illyria and Juliet. Raina is nicer and more accepting of Illyria than Juliet. I believe that Raina was most likely the lead mare in the herd she came from and is not dealing well with the loss of her herd. She seems to think all the horses here should be together and she tries to keep those horses that are allowed out with her together and near her. She is unhealthily attached to Juliet and has a total meltdown if she is separated from her. Raina exhibits minor anxiety when other horses have been turned out with her, like Rocky for example, and then are taken away.</p>	
<p><b>Saturday</b> <b>24 July 2010</b></p>	<p>Turned out with Illyria and Juliet, no problems. She was nervous and wide eyed this evening while I was working with Juliet in the pen next to her using bows, ribbons, and talking greeting cards.</p>	
<p><b>Sunday</b> <b>25 July 2010</b> <b>Session 10</b></p>	<p>Total meltdown. Raina was turned out with Illyria and Juliet in the paddock and small arena all day. When we took Juliet away to give her to her new owner (Karly) during a surprise birthday party, Raina went nuts running, whinnying, and bucking to the point that it was so disruptive we had to move her into the pen next to the barn where she could see Juliet during the party. Raina did not care about leaving Illyria behind in the paddock.</p> <p>Raina was trained in hand by Jim while I taught a joint riding lesson to Karly riding Juliet and Vinnie riding Mora. Raina successfully completed the whole lesson in hand with no problems whatsoever. She and Jim completed all patterns, and obstacle courses without incident 😊</p>	
<p><b>Monday</b> <b>26 July 2010</b></p>	<p>Normal turnout with Illyria and Juliet.</p>	
<p><b>Tuesday</b> <b>27 July 2010</b></p>	<p>Raina was turned out with Illyria and Juliet. She is definatley the lead mare and used to caring for and guiding other horses. She becomes distressed when removed from her herd or when members of her herd are removed from her. She stood in her pen this eveing during Karly's lesson with Juliet in the pen next door. Raina was stalled early evening with Juliet and next to Illyria due to a rain storm. She was anxious/nervous in the stall and pushed Juliet around. When the rain stopped several hours later she was put outside in her pen and was content.</p>	
<p><b>Wednesday</b> <b>28 July 2010</b></p>	<p>Raina was turned out to the paddock area all day with Juliet and Illyria, then this evening they were all let out to run in the yard and along the driveway. Got some great pictures. Raina enjoys her freedom and grazing time with her herd.</p>	
		

<p><b>Thursday</b> <b>29 July 2010</b></p>	<p>Jim reported that Raina is turning her nose away at attempts to halter her. She was led out to turnout last this morning and showed very little anxiety. She was expectant that we were coming for her and would take her to join her friends. This evening she put herself away in her pen where she was content while eating, then started cribbing when she was out of food.</p>
<p><b>Friday</b> <b>30 July 2010</b> <b>Session 11</b></p>	<p>Raina was pushy about coming out of her pen this morning and resisted haltering. Once haltered she pressed into me and tried to push through me to get out. We spent several minutes in her pen working on backing up and waiting. Once out in the open I lunged Raina both directions, she is responding well to the voice commands to walk-on, trot, and halt which are "Walk-On, Teeerrrot, and Ho". She had her head high in the air and all her gaits were fast, she only relaxed a little before I started leading her to turn out. She was walking to fast so we stopped every couple of steps. Sometimes I had her stop and wait, other times I had her stop and back up. We did this until she was very responsive and then I took her to turn out. This evening she was pushing her two herdmates, Illyria nad Juliet, around controlling where they went. We had a terrible thunderstorm with rain and lightning so all three were put into the barn. I left he door to Raina and Juliet's stall open and she was content with that. Each time a bolt of lightning startled her or thunder scared her, she would run out and then come back in. She liked being able to stand inside and look outside. She bit at and kicked at Juliet a few times, pushing her out into the rain. Finally she allowed her in and they stood quietly looking out as it rained. When the storm let up they were placed in their outdoor pens for eating, then put back in the stall for the night as it was starting to rain hard again. This time the door was closed and Raina was nervous and pacing. Juliet used her mouth to remove the chain from their stall door and Raina pushed it open with her nose, I secured it again and put a snap clip on the chain so they couldn't get it off. Raina seems to have accepted Illyria and stood next to her stall periodically and sniffed her.</p>
<p><b>Game Plan</b> <b>from this</b> <b>Point:</b></p>	<p>Continue to work with Raina on leading and completing tasks in-hand. She needs more consistent one and one time with people in order to start trusting and feeling comfortable away from her herd. She must be obedient in-hand while led and on the lunge or she will not be obedient under saddle. I would continue to do obstacle work, saddling, foundation mounting work at mounting block, and getting her used to humans on her back while led, eventually transitioning to mounting with the saddle on. Lunge equipment should be a lunge cavesson or halter that buckles behind the ears and not slip over them. Bridle work should be taught in a bitless bridle or lunge cavesson with side rings for the reins to attach on. Gentle handling and massaging of her mouth and ears may help ease her anxiety of bridling in the future. She is a sensitive horse with a passive aggressive nature and negative baggage. She requires special handling by experienced persons because she becomes dangerous when firghtened or panicked. Do not move on to further training until she has mastered and can perform the basics calmly, correctly, and without anxiety.</p> <p>She needs consistent training and routine. She gets pushier the more comfortable she becomes with her environment and tries to rule. New things frighten her. She and her handler must find the proper middle ground in order to progress.</p>
<p><b>Saturday</b> <b>31 July 2010</b> <b>Session 12</b> <b>A+</b></p>	<p>Raina did not get picked up for transport back to Ruby Ranch Horse Rescue today as scheduled, she will leave tomorrow instead. The weather was nice so we decided to work with her once more time before she leaves in hopes of leaving things on a positive note until she returns. Our goal from the start was a low anxiety training session making sure to avoid anything we know to cause her anxiety. We parked the hay truck next to the small arena and took Raina's grooming and training equipment out to it in a cart. This way she could still see and be near Juliet and Illyria while being worked with. I entered the arena with halter and she started walking off. I ignored her and petted Juliet and Illyria, Raina stopped and looked at me out of the corner of her eye then allowed me to walk up to her and halter her. She walked well with me until Illyria tried to follow us out of the gate, then became anxious leaving. Once out of the gate she walked with me quietly to the truck parked just a few feet away. I took her to the tailgate which was open and where she could eat hay. Instead of tying her, Jim held the lead so she could eat hay and he gave her treats as I groomed her, cleaned her feet, saddled</p>

her with a western saddle. Jim then led her a short distance and brought her back, I then readjusted the cinch and removed her halter to put on the nylon lunge cavesson. I led Raina to the large arena, Jim walked with us. Juliet started running around the small arena and whinnying loudly. Raina remained engaged with me and pretty much ignored Juliet, she only looked in her direction a couple of times during the session. Once in the arena I walked Raina to the left over some white PVC ground poles, two logs, and the wooden bridge which I had her halt on before walking off. I lunged Raina to the left at the walk and trot. She was very good responding to the voice commands for walk, trot, and halt. I led Raina to the right over the bridge, having her halt on it, then over the logs and ground poles. I then lunged her to the right at the walk and trot. She responded well. After lunging, I led Raina to the mounting block where I positioned her to stand square then stepped up and down on the mounting block 10 times on her left side as she stood without moving. She got treats about half way through and then again when we finished. I clipped reins to the side rings of the cavesson and had her practice some slight lateral flexion and backing up in response to backwards pressure on the reins. She responded appropriately and had no anxiety with this at all. I then stepped up and down in the stirrup a few times, then mounted. She stood well and I gave her a treat. I dismounted. I repeated this 3 or 4 times until I sat on her for 60 seconds or more, dismounted and praised her and gave her treats. I pushed the mounting block under her belly and between her legs to her "off" (right) side where I repeated the same thing on that side (stepping up and down on mounting block, standing in stirrup, then mounting/dismounting). She was a little more tense on the right side at first but then relaxed and did very well. She started to step forward once as I sat on her but when I pulled back slightly on the reins she stopped and stayed in position. After sitting on her for 1-2 minutes I dismounted, praised her, and led her over a ground pole and out of the arena. We took her back to the truck where I untacked her, groomed her, and released her back to turnout with Juliet and Illyria. This was a very positive training session to send Raina on break with. There was no drama and very little anxiety on her part. We took our time, avoided things we knew would upset her, and she responded with very good behavior during her training session. Her responsiveness to the rein cues on the cavesson gave me encouragement that a bitless bridle may work for her. Due to rainy weather Juliet and Raina were put in runs within our loafing area for the night, she got anxious going through the pasture gate and stepped on Jim's foot. Raina and Juliet were put in runs next to each other and seemed calm when we left them.






**Saturday  
7 Aug 2010**


Update from Pat Miller (RRHR) regarding Raina:  
 "Raina and Spot (black/white 4YO pinto gelding) are an item. Raina had a float yesterday. She did ok but it took a double dose of sedation. She was having none of the speculum in her mouth! One of our volunteers brought her in from pasture when Brian and Sandi got here and attempted to fly spray her. That was a train wreck. I'll work on it while she's here"



**Saturday  
14 Aug 2010**

The follow are training notes sent to me by Pat Miller at Ruby Ranch Horse Rescue updating me on Raina's progress while she was back there in preparation for her to return to us here at Deseos Arabians for another two weeks of training.

	<p>“The session this morning with Raina went well - the progress is slow but obvious. I've been working with the fly spray for the past few days and not the hose, which I'm hoping will come along by virtue of getting her accustomed to the fly spray. She already has a bit problem, so let's not try to adopt her with another limitation. Key to the progress is ground training in the form of doing everything asked on cue - backing up, disengaging hindquarters (especially from the right side - moving her haunches to the left), moving her front end (especially from the right side - stepping over to the left away from human). I've been using energy from the rope twirling for the hind end and finger pressure at the face and just behind the elbow for the frontend work. Use lots of "yes" then treat only when she does it exactly as asked, i.e. the footfalls are crossing over in front. No treats just because! When she gets high headed, we work on lowering the head to the ground and then "yes" and treat while the head is lowered. I've been moving from hind end work, then spray; front end works then spray, head lowering then spray, a few circles then spray, etc. Allow her to move her feet while being sprayed and then stop the spray when there's a hint of her becoming calmer with it and reward. I've been using the spray bottle to rub on her and today was able to rub all over her body while she stood. I also shake the bottle; raise it up high, back and forth while Raina is standing just a few feet away. Allow her to move her feet with that also. The first few sprays are usually to the side just so she can hear and see what's coming. Don't allow her to move into you at all - which is usually a forward movement - that's why the backing up training with just a shake of the rope is important, and the side step away from you is equally important. She will have lots of big breaths and when she's just standing calmly, I've been stroking her face and ears, especially from the right side. I've not used verbal corrections, I've stayed calm at all times (well, most of the time) and I've used a phasing up of my energy when she doesn't listen the first time. She's in heat and is very fond of Spot and Joe at the moment. But this hasn't presented a problem when working with her. That's all I can think of. Her energy with Juliet may be disrupting at first, but let her settle in for a day or two before you start you training again. I think Raina has promise. I expect she will take longer to train based on her age and whatever the heck happened with her face/mouth. By the way, put water in the spray bottle because you'll go through the entire bottle in one session.”</p>
<p><b>Saturday 21 Aug 2010</b></p>	<p>Roger Kavan from Ruby Ranch Horse Rescue delivered Raina back to us this afternoon to stay with us for a couple of more weeks of training. He reported she was challenging to catch and halter but loaded in the trailer with no problems. Raina unloaded well from the trailer and was content to be back with Juliet and Illyria, although as soon as she was put in the paddock wth them she had to run them around and show them she was back and that she was in charge. This evening Juliet and Illyria were removed from the paddock and put in their pens for feeding, while Raina was left in the paddock to eat. She ran back and forth and whinnied for a little while but eventually settled down and ate. Due to a thunderstorm tonight Raina, Juliet, and Illyria were brought into the barn where they spent the night in stalls.</p>
<p><b>Saturday 28 Aug 2010 Session 13</b></p>	<p>Raina's first week back has been quiet and uneventful. Our goal this week was to keep her relaxed here on the ranch, relaxed with us, and in particular quiet when away from her friend Juliet. Raina has been turned out daily with Juliet, Illyria, Trance, and Libby. They all do well together and have tranquil days grazing and roaming. Raina is fed separately. In the morning and evening Raina is put in the small arena by herself to eat while the others all go to their respective areas to eat. Raina has done some pacing but no whinnying since the day she arrived back. She is used to the routine now, which is good. Our goal was to make her more relaxed with separation and so far so good. She eats then looks around and does minor pacing. We have worked on approaching Raina this week and petting her all over along with cleaning her feet. She is calm with us and accepts all the handling. She initially starts to walk away when she sees us carrying a halter but we remain calm, like there is no big deal, and she stops and stands for haltering.</p> <p>This evening Jim haltered Raina and brought her to the small holding pen outside the barn where I groomed her and traded out her halter for the spanish lunge cavesson. She was excellent about everything! The cavesson goes over her ears; there was no anxiety at all, she accepted the cavesson and remained calm. She got lots of treats. I also rubbed lavender oil around her muzzle and on my hands, she really seemed to like this and got really calm. I massaged her all over, then we walked to</p>

	<p>the large arena for a training review. Raina and I walked both directions around the outside of the arena, negotiated some of the obstacles (bridge, logs, and cones), and practiced standing at the mounting block while I stepped up and down then put my leg across her back. She was excellent and calm. The mounting exercises were repeated about 15 times on each side, no problems. I lunged Raina in the cavesson with the short lunge line and dressage whip. She was very good. She completed several laps at walk and trot and did a little canter both directions. She was responsive to the cavesson and began to flex correctly on the circle, relax, and lower her head some. I practiced leg yield and side pass with her in –hand, she is very talented at this and she showed more relaxation after these exercises. After training I walked Raina back to the small holding pen where I changed the cavesson out for her halter, groomed her again. I was able to massage her whole head to include her the right side of her face and forehead (where she has the horrible scar) and both her ears! I then led her to the small arena for dinner. Really, this was Raina’s most relaxed and non-eventful training session to date. Even with Juliet whinnying to her a few times while we were training, Raina stayed calm and focused on me. She really showed some physical talent during her in-hand exercises and showed her sweet side today. Nice job Raina, A+.</p>
<p><b>Wednesday 1 Sept 2010 Session 14</b></p>	<p>Standing tied, grooming, saddling, lunging with cavesson, obstacles in-hand, standing for mounting, accepting a rider in the saddle. Giving to lateral nose pressure while wearing bitless rope bridle. Raina’s back was measured. She requires a 16 ½ inch seat size or smaller english saddle with a wide (red wintec gullet) tree. We will measure her for western saddles in the future. Good lesson, behaved well, details forthcoming. “A”</p>
<p><b>Sunday 5 Sept 2010 Session 15 Ride 1</b></p>	<p>Raina’s first ride! We was great everything: leading, grooming, fly wipe, tacking up (Wintec 16.5 Isabell saddle, rope halter with reins), lunging, in-hand obstacles, mounting , and her First Ride. She was calm and easy going, wonderful horse. I got her mane all combed out too.</p> <div style="display: flex; justify-content: space-around;">   </div> <div style="display: flex; justify-content: center; margin-top: 10px;">  </div>
<p><b>Thursday 16 Sept 2010 Session 16 Ride 2</b></p>	<p><i>“I rode Raina this evening, she was more nervous than last time, less attentive and seemed distracted but she did well, didn’t do anything wrong. I think it was late and getting dark and she was anxious to eat.” Lori</i></p> <p>Raina behaved well for haltering, tying, grooming, saddling, bridling and leading. She was worked on the cavesson, then at the mounting block on mounting preparedness for several minutes before being ridden. She was more nervous tonight than last time. She seemed a little distracted, less focused. This may have been because it was starting to get dark and was round feeding time. She was ridden in a Bates Caprilli all purpose saddle seat size 16.5 inch with red gullet installed and a rope</p>

	<p>halter with reins. It may also have been the different saddle that made her more unsettled. Raina was ridden a couple of times around the arena each direction and then taken back to the barn for untacking and grooming. No problems.</p>
<p><b>28 Sept 2010</b></p>	<p>Raina has been doing excellent with haltering and leading, and has been allowing us to touch her face and ears. This morning when I went in her pen to halter her and lead her to the pasture for turn out, she backed up with her head in the air and seemed upset by something. It did not take long to figure out that she was bothered by the gloves I was wearing. Something about the fact I had gloves on seemed to bother her and it took some patience to finally get her haltered while wearing gloves. Other than that, no problems, she continues to do well with her daily routine, hoof cleaning, grooming, and handling in general.</p>
<p><b>1 Oct 2010 Session 17 Ride 3</b></p>	<p>Raina was difficult to catch and halter today, I am not sure why. I took about 5 or 6 minutes for her to stand still and allow haltering. She was great for leading and grooming. She balked at the saddle a couple of times before I set it on her back and then she was GREAT the rest of the session. I led Raina to the large arena where I took her over some obstacles in hand, then led her to the mounting block and got on. No stepping up and down today, I just got on her the first time, she was very good. We worked on steering, circles, leg yield, obstacles, and the halt. She was trotted for the first time and we went several laps around the arena and walk and trot working on her bending correctly in the corners. After about a ½ hour I gave her a rest, rode Juliet, then rode Raina again while Jim rode Juliet. When I mounted Raina the second time I did it from the ground, no mounting block, putting full weight in the stirrup. She was great. While riding along with Juliet, Raina both led and followed and seemed to prefer being in front. After our session Raina was good for untacking and grooming. She stood very well tied both before and after our ride!</p> 
<p><b>28 Oct 2010</b></p>	<p>Picked out all four feet, no problems. Does very well being approached and handled at liberty. Becomes nervous and tends to run when approached with a halter. Once haltered is well behaved.</p>
<p><b>4 Nov 2010</b></p>	<p>When we arrived home from work, Raina was loose in the yard. Illyria and Juliet were still in the pasture. Raina has some mild wire cuts on both front legs. It would appear she jumped over the wire fence for some reason, there was one t-post bent out of position. It is possible that coyotes or something else spooked her into going over the fence. The wounds were cleaned, no problems. Sore but no lameness, allowed feet to be picked up without fussing.</p>

<p><b>10 Nov 2010</b></p>	<p>Cuts on both front legs completely healed. No lameness or sensitivity when picked up for hoof cleaning. No other incidents of her getting out of the fence.</p>
<p><b>20 Nov 2010 Sessions 18 &amp; 19</b></p>	<p>Raina had all four hooves trimmed this morning and was excellent for the farrier! Raina was haltered, led, groomed, feet cleaned, mane combed, lunged, taken over arena obstacles in-hand, and introduced to some lateral work in-hand. She was shown to a perspective adopter and behaved very well for handling and interacted well with the female visitor.</p>
<p><b>21 Nov 2010 Session 20</b></p>	<p>Raina was approached in her paddock for haltering, she was difficult to catch and ultimately we had to put the halter away and approach her without it. This was not a problem. Once Jim was petting her and had his arms around her neck at liberty, I brought the halter. She was not bad about haltering, just turned her nose slightly to the right. She was paste wormed with 1.87% Ivermectin.</p>
<p><b>22 Nov 2010</b></p>	<p>Raina was routinely scanned to make sure her microchip implanted was still in place and working. She was scanned at liberty, no problem. Chip read accurately when scanned. <b>0A01264923</b></p>
<p><b>6 Dec 2010 Update</b></p>	<p>Raina is doing well in foster care, she interacts well with her small herd which consists of Illyria, Juliet, and Brisa. She is still challenging to halter at times, but comes right up to people otherwise and likes attention. She is calm and well behaved for the farrier, at feeding time, and when handled at liberty. She periodically gets her hooves picked out while at liberty and is very good. Records are now being stored on Rendaivu Horse and Stable Management Software.</p> 
<p><b>25 Dec 2010 Ride #4 Session 21</b></p>	<p>No problem catching her today. I did not take a halter out with me; just an apple and pocket lead which I made into a halter once it was around her neck. Did well with leading, standing tied, grooming, cleaning feet, tacking up, and arena obstacles in hand. Stood for mounting, was excellent. Was ridden briefly by Lori and then Jim rode her a couple of laps until she suddenly bucked twice and Jim came off. Raina did not run off, but stood calmly next to Jim as he got up and took hold of her reins and led her back to the mounting block. Jim got back on and Raina did not want to leave the mounting block so he dismounted and Lori got back on and rode her for about 30 minutes, no problems. Raina did well at walking, turning, leg yielding, obstacles, opening gate, and walking up driveway to barn, then stood well for dismounting. This was Raina's first time being ridden outside of the arena and she was good. After the ride she was again good standing tied for untacking, grooming, feet, etc. Raina did crib while standing tied both before and after her ride.</p> <p>Explanation of bucking: This was the first time Raina has bucked. She was calm both right before and right after the buck. I did not notice anything spook her and I would guess that something "caught" her wrong like the rider's heel or that the girth may have been too tight. Jim had tightened it before her rode her and Lori loosened it after she bucked and before she got on Raina again. It also may have been that something bumped her unexpectedly or Jim got off balance. Jim is an advanced beginner but does not have the finesse to ride an extremely sensitive green horse. Raina seems to do well with an experienced rider who is quiet and sensitive to her needs as far as balance, seat and leg cues. She does not require strong aids and is very responsive to shifting weight and the rider's mental focus. She does not require strong rein cues and is being ridden in a rope halter with clip on reins. She has been ridden both english and western. Today she was ridden in a Wintec Dressage Saddle, seat size 17 inch.</p>  <p><i>"Jim and I rode Juliet and Raina today, both did great. I had no problems with Raina but she bucked Jim off. I think he had the girth too tight, or something bothered her because I rode her, then he tightened the girth and got on her and walked her a couple of laps, then she bucked twice and then was calm again. He got back on her and she wouldn't leave the mounting block. I loosened her girth and rode her again for about 30 minutes including outside of the arena up the driveway and had no</i></p>

*problems. She will need an experienced and sensitive rider to adopt her, but for the right person she is a dream to ride, very responsive to seat and leg cues and remains relaxed. I posted some photos on Facebook:*

<http://www.facebook.com/photo.php?pid=541169&l=802284a0d9&id=100000588732187>

*Raina was great haltering and leading, stood well tied, was great for grooming and feet, good for being saddle and was great for ground work and standing for mounting. She was actually really good under saddle apart from the two bucks and they weren't malicious, I really think something just caught her wrong. She did do a lot of cribbing while tied both before and after the training session. Once she was turned back out with the other horses no more cribbing and she was just as friendly as ever with both Jim and I. Special horse ☺ “ – Lori Torrini*